

## TUSCANY: SAMPLE MENU

*Our dishes are a celebration of the Tuscan lifestyle!*

*\*Meals will be served buffet style and vegetarian options will be available at every meal*

---

### SUNDAY

#### DINNER

Cream of Asparagus and Spinach  
Rabbit Lombata with Wild Herbs  
Roasted Potatoes  
Hazelnut Chocolate Truffles

---

### MONDAY

#### BREAKFAST

Coffee, Herbal Tea, Fruit Smoothie, Water  
Baked Arepas, Seasonal Fruits, Charcuterie, Local Assorted Cheeses  
Eggs to Order

#### LUNCH

Curly Kale Caesar Salad  
Italian Chorizo with Sautéed Piselli and Potatoes  
Infusions of Ginger, Licorice or Dandelion  
Seasonal Berries And Cream

#### SNACK

Chocolate & Avocado Truffles  
Various Infusions

#### DINNER

Cream of Cauliflower

## TUSCANY: SAMPLE MENU

Arista Di Maiale (Pork Loin)  
Roasted Carrots and Potatoes alla Rosemary  
Epic Tiramisu (Lactose Free)

# TUSCANY: SAMPLE MENU

## TUESDAY

### BREAKFAST

Coffee, Herbal Tea, Fruit Smoothie, Water  
Baked Arepas, Seasonal Fruits, Charcuterie, Local Assorted Cheeses  
Eggs to Order

### LUNCH

Seasonal Greens, Sweet Baby Corn and Peselli Salad  
Florentine Cinghiale Ragu Over Pasta  
*(Boar Ragu over Gluten Free Pasta)*  
Infusions of Ginger, Licorice or Dandelion  
Panna Cotta With Cocoa Flavor

### SNACK

Chia Pudding & Seasonal Fruits  
Various Herbal Infusions

### DINNER

Beet and Carrot Soup  
Turkey Pie  
Steamed Spinach Seasoned with Garlic Olive Oil  
Pumpkin Soufflé

# TUSCANY: SAMPLE MENU

## WEDNESDAY

### BREAKFAST

Coffee, Herbal Tea, Fruit Smoothie, Water  
Baked Arepas, Seasonal Fruits, Charcuterie, Local Assorted Cheeses  
Eggs to Order

### LUNCH

Seasonal Mixed Greens, Nuts and Tangerines Salad  
Chicken Vegetable Stir Fry  
Infusions of Ginger, Licorice or Dandelion  
Soft Heart Chocolate And Coffee

### SNACK

Strawberries & Chocolate  
Various infusions

### DINNER

Minestra Vegetable Soup  
Albondigas Di Chianina  
Rustic Potatoes With Wild Herbs  
Chocolate Pudding

# TUSCANY: SAMPLE MENU

## THURSDAY

### BREAKFAST

Coffee, Herbal Tea, Fruit Smoothie, Water  
Baked Arepas, Seasonal Fruits, Charcuterie, Local Assorted Cheeses  
Eggs to Order

### LUNCH

Beet and Arugula Salad  
Herb Spaghetti Seasoned with Local Spices  
Infusions of Ginger, Licorice or Dandelion  
Seasonal Fruit Cheesecake (Lactose Free)

### SNACK

Nuts & Carrot Cake  
Various Infusions

### DINNER

Tuscan Traditions:  
Cooking Class with Celebrity Chef Alba Papi  
Translated by Virginia Freitas

# TUSCANY: SAMPLE MENU

## FRIDAY

### BREAKFAST

Coffee, Herbal Tea, Fruit Smoothie, Water  
Baked Arepas, Seasonal Fruits, Charcuterie, Local Assorted Cheeses  
Eggs to Order

### LUNCH

Wild Mixed Greens, Mint, Lemon and Strawberry Salad  
Chianina Beef, Zucchini and Carrot Burgers  
Infusions of Ginger, Licorice or Dandelion  
Bread Pudding (Gluten Free)

### SNACK

Zucchini & Dried Fruit Cake  
Various infusions